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## Mark Your Calendar

**JUNE**  
Grand Opening of new CDC (Date TBD)  
17 - Father's Day  
18 - CDC Parent Excursion

**JULY**  
17-22 - Parent-Teacher Conferences  
22 - CDC Ice Cream Social

**AUGUST**  
26 - CDC End of Summer BBQ

For more upcoming events visit [mccsmwtc.com](http://mccsmwtc.com)



[mccsmwtc.com](http://mccsmwtc.com)

## Month of the Military Child Bingo Card Program

By Gina Macabales, Recreation Assistant



In April, Semper Fit teamed up with Marine Corps Family Team Building to provide a successful Month of the Military Child Bingo program. Children who participated were given a bingo card, which included squares that encouraged various activities to get the children and families out to meet the MCCS staff and learn about our programs. Participants were required to attend Kids Fit or Teen Fit group exercise classes, and completed bingo cards automatically entered them in a special drawing with lots of great prizes.

The program ended April 22 with a nature hike for the children and their families, assisted by MCMWTC Safety Manager Rick Case. The nature hike was a lot of fun and a great way to wrap up the event. Over 15 children, along with their siblings and parents, hiked the surrounding area of Coleville Lincoln Military Housing and learned about the various plants indigenous to our beautiful area. The children had a great time looking at flowers and tent caterpillars, having their faces painted with dandelions and enjoying the great outdoors. ☺

*MCCS would like to thank the sponsors for Month of the Military Child. You helped to make this event successful.*

### MONTH OF THE MILITARY CHILD

# CHILDBINGO

MCCS MARINE CORPS FAMILY TEAM BUILDING

LINCOLN MILITARY HOUSING

MCCSMWTC

BLOOMING

|           |    |           |    |    |
|-----------|----|-----------|----|----|
| 1         |    | 3         |    | 5  |
| Ms. Tessa | 7  |           | 9  |    |
| 11        |    |           |    | 15 |
|           | 17 | Ms. Penny | 19 |    |
| 21        |    | 23        |    | 25 |

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## Dental Awareness Day is July 15

By Deb Goodman, PHN



It is important for parents to help their children develop good dental health while they are babies. This will help protect baby teeth from decay or rotting. Baby teeth are important for chewing, talking, giving the face its shape and form and for smiling.

Tooth decay of baby teeth can cause such problems as painful toothaches, infections in the mouth, trouble chewing

or speaking and severe discoloration. Worst of all, your baby may not be able to tell you when it hurts.

Baby bottle tooth decay is a disease that destroys your baby's teeth. It can start as soon as teeth come in. It happens when sugar stays around the teeth. Milk, formula, juice and sweet drinks all contain sugar. It can cause your baby's teeth to decay or rot to black stubs if your baby falls asleep with the bottle or sips from one all day.

What can you do to protect your baby's teeth? Breast-feed if possible, put your baby to sleep without a bottle and don't put any sugary drinks in their bottle. Begin giving them a cup around 6 months of age, wipe or brush your baby's teeth daily and look for any white, brown or black spots on their teeth. Take your baby to a dentist beginning at one year for a check-up. ☺

For more information regarding your baby's health, visit the New Parent Support Program at 700 Champagne Ave., Coleville or contact me at 530.495.9358, 760.910.3302 or [drew-goodmanDA@usmc-mccs.org](mailto:drew-goodmanDA@usmc-mccs.org).

**FREE** **Movie in the Park**  
**June 10<sup>th</sup>**  
**8:30 - 11 p.m. • Coleville Housing**

**A fun event for the entire family!**  
 • Enjoy a **FREE** ice cream bar •

Please bring your lawn chairs, blankets, drinks and snacks.  
 For movie information call 530-495-2954 or visit [www.mccarmcc.com](http://www.mccarmcc.com)

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## Semper Fit - Family Fun Fitness Festival

By Angela Hypio, Recreation Attendant



On April 29, MCCS hosted the Family Fun Fitness Festival, a fun event that combined fitness and safety. In attendance were the fire and police department, Environmental, Semper Fit, School Liaison, the Exchange, Child Development Center and Safety. Kids got free snow cones and popcorn, and

visited various booths for the chance to win prizes. Each booth had a fun activity or valuable information for the participants. The bounce house offered a chance to release energy, and many kids enjoyed seeing how many pushups they could do and measuring how far they could jump.

Environmental brought out a selection of animal pelts for the kids to identify, while the police department demonstrated how the radar detector worked by tracking how fast the kids could throw a ball.

MCCS offered a raffle, with prizes including shirts, backpacks, sports equipment, MCX gift cards and more. The event provided a safe, fun environment, allowing families to mingle and interact with the base staff. The Family Fun Fitness Festival was a hit with both kids and parents, demonstrating how to make safety and fitness fun. ✕



## AES Students Shadow Mentors at MCMWTC

By Tessa LoPresto, Installation School Liaison

Twelve eighth grade students from Antelope Elementary School in Coleville became part of the MCMWTC Bridgeport workforce for a few hours on Monday, May 9. The base's first Job Shadow Day paired eighth grade students with civilian and military mentors so they could get a glimpse of the working world in six different career fields. Students visited the fire department, police department, communications, S-4, engineering, environmental and the medical clinic.

"I want my students to come away from this experience with an understanding of how their classroom learning is connected to a future career," said Brianna Brown, the students' classroom teacher.

Mission accomplished, according to surveys the students filled out anonymously at the end of the day.

"I didn't know that I had to read so much to do a job," wrote one student.

Commanding Officer Col. Phillip W. Chandler and MCMWTC Bridgeport Sergeant Major Sgt. Maj. Douglas Power welcomed the group as they sat around the large oval table in the conference room in the Command Post.

They both made the point that it is not too early to think about and prepare for the future.

"I was in seventh grade when I decided what I wanted to do with my life," Col. Chandler told the group. "There is a world of opportunity out there. You are fortunate to be up here today with this group of top notch professionals to help you prepare."

Sgt. Maj. Power urged the students to start preparing morally, mentally and physically for the future. Using the example of military service, he cautioned that only 25 percent of age-eligible American youth are actually qualified to get into the military.

"You need to stay on top of the physical with exercise, the mental by working hard on your education, and morally...you can't be a lawbreaker."

The students and mentors met for lunch at the Pickel Chalet, to conclude an inspirational and motivating day.

Sgt. Maj. Power sent the kids back to the classroom with a parting thought, "I'm going to tell you what I have told my eight kids," he said. "My goal for you is threefold: be a good American citizen, be better than me and be a person I'd want to know whether I was related to you or not." ✕



## HOT AUGUST NIGHTS

RENO • SPARKS • SOUTH LAKE TAHOE

let your nights alone with the music!

### Classic Car Auction

Reno-Sparks Convention Center

Aug. 11, 2 to 8 p.m.

Aug. 12-13, 10 a.m. to 10 p.m.

Aug. 14, noon to 6 p.m.

### Sock Hop in their Mandalay Ballroom

Circus Circus Reno Hotel and Casino

Aug. 10, 5 to 9 p.m.

### Automotive Swap Meet and Nostalgia Fair

Reno Livestock Event Center

Aug. 11 to 12, 7 a.m. to 4 p.m.

Aug. 13, 7 a.m. to 2 p.m.

### Hot August Nights 25th Anniversary Prom Circus

Circus Reno Hotel and Casino

Aug. 11, 8 to 11 p.m.

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## Your Child Development Center

By Maria Quintana



The staff at the Coleville Child Development Center (CDC) wants to remind you that this is your facility. Take advantage of the many services we offer, such as hourly, part-time and full-time care for infants to school-aged children. This includes before and after school care during the school

year. Even if your child visits our facility a couple of hours per week, we guarantee a safe, nurturing and creative environment to support your child's intellectual and developmental growth. Our caregivers undergo weekly trainings and are certified in such areas as CPR, first aid, AED, food-borne diseases, bloodborne pathogens, health, sanitation, safety and fire prevention, positive guidance and child development.

The CDC also works to support babysitters in the Coleville area. If you have a teenager who is interested in becoming a more responsible babysitter, the CDC is offering FREE babysitting courses to teenagers who are military family members. After completing the babysitting course, teenagers will be certified in infant, child and adult first aid, CPR and AED, infant and child ratios and bloodborne pathogens.

**For more information about babysitting classes for teenagers, call 760.495.2644.**

## UPCOMING CDC EVENTS

*Grand Opening of new CDC - TBD*

*Father's Day - June 17*

*Parent Excursion - June 18*

*Parent-Teacher Conferences - July 17-22*

*Ice Cream Social - July 22*

*End of Summer Barbecue - August 26*



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## MCCS STAFF UPDATES

### NEW HIRES

Bobby Colwell  
Dante Anderson  
Melissa Parkhurst

Richard Mortimer  
Alexandra Wilham

Kasey Missamore  
Georgina Loving